
PaddleBlade

Lanikai Canoe Club Newsletter Vol. 5, No. 1, February 2008

Registration for 2008

Due to safety concerns, impact on the community, availability of canoes, and other circumstances, the Board and registration committee have recently evaluated the number of paddlers that Lanikai Canoe Club is able to successfully accommodate during the regatta season.

We have made the determination to cap the total number of paddlers this year to ensure that the season is a wonderful and safe experience for all paddlers and coaches. This was not an easy decision to make, but has been done in your best interest.

Paddlers will only be activated and included on a roster when all dues and fees have been completely paid and a registration form and waiver signed. Only these paddlers will be allowed into a canoe to practice. All paperwork must be completed in a timely fashion in order to register you with OHCRA, which will allow you to race.



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We urge all returning paddlers to attend one of the registration dates listed below to ensure that you are part of Lanikai's winning tradition!

Registration will be held at Lanikai Park on the corner of 'A'alapapa and Kai 'Olena on the following days:

- Saturday, March 8 (8:00am-12:00noon)
- Sunday, March 9 (1:00-5:00pm)
- Saturday, March 29 (1:00-5:00pm)
- Sunday, March 30 (8:00am-12:00noon)

ALL PADDLERS ARE REQUIRED TO SUBMIT THE FOLLOWING:

- Lanikai Canoe Club registration form
- 2008-09 HCRA Waiver OHCRA Emergency Contact Form
- Complete payment of dues and any initiation fees/ID card fees (see below)

Continued on pg. 2

Registration...cont. from pg. 1

- Xerox copy of ID showing correct name, birth date and gender*

Digital headshot photo (no hats or sunglasses) for HCRA ID card (photos will be taken at registration or can be emailed to suzimechler@hawaii.rr.com)*

- Transfer (if transferring from another club that you paddled for last year)

*Returning paddlers will have this information on file. Expiring HCRA ID cards will require new photos and fees.

Registration forms and waivers will be available for download online at the Lanikai Canoe Club website:

www.lanikaicanoecub.org

Outside of registration days, completed paperwork can be left in the drop box on the longhouse door that faces into the park.

DUES:

Registration dues DURING THESE FOUR REGISTRATION DAYS ONLY.

Adult - \$180.00

Youth - \$140.00 (18 years and under)

Family - \$285.00 (husband/wife or parent/child)*

*Additional family members are discounted 15% from the individual paddler price

After 12:00noon on March 23rd, dues increase by \$25.00 per paddler.

Initiation fee for brand new paddlers to LCC is \$10.00 for Adults, \$5.00 for Youth and \$15.00 for Family.

Fees for any paddler requiring a new or updated HCRA ID card are \$10.00 for Adults and \$5.00 for Youth.



This year for the first time, we are working to set up being able to pay your dues/fees on line with a PayPal account, credit card or directly from your bank account. There will be a transaction fee to pay your dues in this manner. Please check the registration page on our website for details.

www.lanikaicanoecub.org



Questions can be addressed to club registrar Suzi at: suzimechler@hawaii.rr.com.

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LANIIKAI CANOE CLUB

Message From the President

Aloha Lanikai Canoe Club Ohana!

Welcome to the 2008 paddling season.

LANIKAI CANOE CLUB to help raise money for Park Pavilion Renovation - the Lanikai Canoe Club Board has agreed to assist the Foundation in renovation efforts and in raising money for the Lanikai Park Pavilion renovation project (see Tom Cestare's attached). LCC began its support when we wrote a letter in support of its grant application in which the Association was awarded \$75,000. If you would like to make a tax deductible contribution for the purpose of the Park Pavilion renovation, please make check payable to Lanikai Canoe Club and designate your donation in the subject line for "Park Pavilion" and mail to:

The Lanikai Canoe Club
P.O. Box 501,
Kailua, HI 96734

(*the Lanikai Canoe Club is a 501(c)(3) exempt organization)



A GOOD NEWS STORY - we recently sold 1 of our canoes, the Kapualei o Mokulua, to one of our club members, John Myrdal. We will be purchasing a new canoe to replace her later this year.

CONGRATULATIONS to all of our youth paddlers who participated in the HHSAA (Hawaii High School Athletic Association) season this year; and GOOD LUCK to those paddlers who will be participating in the State Championship Canoe Regatta being held at Keehi lagoon on Friday, February 29, 2008.

2007 ANNUAL MEETING. Thank you to all who attended! It seems to have been a very successful meeting. Not only did we have the election for our Board of Directors, but we also had a very constructive meeting discussing the issues our club has been faced with. John Myrdal has volunteered to take on the task of working towards solutions and working with our volunteer members on implementing those solutions to the issues raised. If you are interested in working with him, please contact him at jmyrdal@paclawteam.com. Also, if you have any questions about how things get done at Lanikai Canoe Club, please see Mif Flaharty's article.

2008 REGISTRATION: In order to address the concerns raised with regards to membership numbers, please see Suzi Mechler's article on the changes that will take place during registration this year.

MAHALO to all our volunteers who make our club a success!

See you soon!
Judy Irvine,
President, Lanikai Canoe Club

Lanikai CC Dominate Oahu Regattas in 2007 by David Smith



Lanikai pulled off an unprecedented season by winning all the regatta races on Oahu in 2007 – five regular season regattas, the MacFarlane Waikiki Regatta and the Oahu Championships. We started out strong and just never quit, getting strong performances from the youth paddlers, novices and senior paddlers. Lanikai's open men and women's programs also contributed consistent point-scoring, and the combination of performance across the board put us ahead every week.

Lanikai won the coveted MacFarlane Regatta on a classic wave-surfing day, thanks to our line-up of outstanding surfing steersmen. Fred Hemmings kept his record as winningest steersman ever in the MacFarlane Regatta with the most race victories of any steersman in the history of the regatta, followed closely by Jim Foti. Lanikai also took home the new perpetual trophy for winning the youth division.

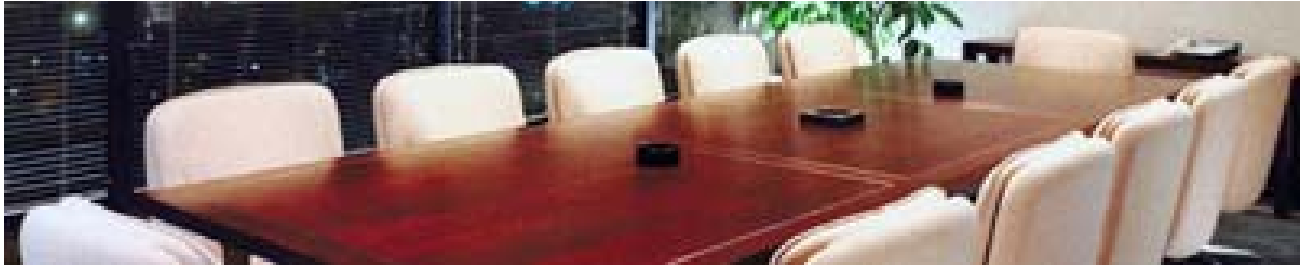
The Oahu Championships was the crowning achievement for Lanikai. Oahu Championship winning crews included boys 12 and 13, men and women Novice B, men novice A, women's 55 and men's 40. Second place teams at the Oahu Championships included the mixed 12's, mixed novice B's, boys 16 and 18, sophomore women, junior men,

women's and men senior, women's 50, women's 40, women's and men open 4, mixed 55 and mixed 40. Third place teams at Oahu's were girl's 12, boy's 14, freshmen men, sophomore men, men 60, men 50 and the mixed open.

At the State Championships, Hawaiian Canoe Club was able to neutralize our numerical advantage with a strong showing in the youth races, and then an absolutely dominating performance in the open men and women's categories. Longtime Lanikai standout paddler Kai Bartlett moved to Maui a few years ago, and Lanikai's loss was Hawaiian CC's gain, as Hawaiian swept the men's division. The highlights of the day for Lanikai were the dominating performances of the men novice B and boy's 18 crews, both of whom won by wide margins. Lanikai's men novice A and men open four placed second, and the women novice B, freshmen men, sophomore men, women's 60 and mixed 55 placed third. But at the end of the day, Hawaiian had outscored us by 31 points, and we took home the second place trophy.

Congratulations to all the crews who contributed to Lanikai's success this year, and a huge "MAHALO!" to all the coaches who make it possible.

**The Lanikai Canoe Club
Board of Directors
by Mif Flaharty**



**Who should you talk to if you have a question, a suggestion
a concern, or you want to volunteer?**

There are over 450 members of the Lanikai Canoe Club. Handling the needs of this many paddlers is a challenge! To do this efficiently and effectively, committees carry out club operations. These are the Board members and other volunteers who actually get things done---please contact them to get your needs met:

COACHING COMMITTEE – Aaron Creps, Kekoa Bruhn

COMMUNICATIONS (Website & Paddleblade) – Keoka Bruhn, Rick Leton, Judy Irvine

DEVELOPMENT – Cynthia Sheehan, Mif Flaharty

EQUIPMENT – Shane Rye, Quinn Barber, Mike Gibson, Kalani Irvine

FINANCE – Mif Flaharty, Bruce Stewart

LONGHOUSE & PARK GROUNDS – Judy Irvine, Quinn Barber

MERCHANDISE – Hillary Radovich, Malia Maldonado

PUBLIC RELATIONS/ SOCIAL COMMITTEE – Michi Wong, Conrad Kress, Kris Krengle

REGISTRATION & MEMBERSHIP – Suzi Mechler, Emily Hawkins, Mif Flaharty

YOUTH PROGRAM – Pete Roney, Curtis Hawkins, Mark Miller

DUKE RACE – Malia Maldonado

KEIKI RACE – Conrad Kress, Bruce Stewart, Curtis Hawkin

Consult the Club website for contact information for committee members:
www.lanikaicanoecub.org

Committees will make every effort to solve problems, answer questions, etc. If your issue is beyond the scope of the committee, it may be redirected to an appropriate committee and/or addressed by the Board of Directors at one of its monthly meetings. We welcome the opportunity to make the operations of the Club responsive to its membership.

Mahalo!

Saturday, 1 March 2008 - 9:00 a.m. Start

Lanikai Canoe Club Women's Long Distance Program

2nd Annual

LAVA LAVA BIATHLON

2.5 Mile Run & 3.5 +/- Mile OC-1/OC-2 Biathlon

Race Day Registration Only: 7:00-8:30 a.m. Lanikai Park

Registration Forms Available Onsite and Online at: Lanikaicanoclub.org & y2kanu.com

Entry Fee: \$30 per Participant - No Refunds

All Proceeds Support the Lanikai Canoe Club Women's Long Distance Program

Course: 2.5 mile run begins at intersection of Mokolua & Kaiolena, continues clockwise around the entire Lanikai Loop ending at the Mokolua & Kaiolena Beach access. Runner collects Lava Lava during the run (A'alapapa & Mokolua). Transition area for OC1s/OC2s is marked with cones. Relay partners must hand-off Lava Lava in coned area. Water course is "choose your line" from Lanikai Canoe Club's practice site to Pinky's Pupu Bar and Grill (across Kailua Bay & approx. 5 miles into the canal). Finish marked by buoys. Water course contingent upon weather conditions.

Awards for 1st Place Finishers in each Division and Category:

8 Divisions*: Individual Male, Individual Female, Male Relay OC1/OC2, Female Relay OC1/OC2, Mixed Relay OC1/OC2

Categories: Individual: Youth: 18 & Under, Open: 19-39, Masters: 40-54, Sr. Masters: 55+

Relay (2 Person Combined Ages Totaling) : Jr: 0-49, Open: 50-79, Masters: 80-99, Sr. Masters: 100+

**Surfski Division contingent upon number of participants - award for overall finisher (no age group)*



Award ceremony, refreshments & snack to follow at Pinky's!

SPONSORED BY:

AFLAC, Blue Water Grill, Chip & Cookie, Fleet Feet, Fromaggio, Haleiwa Joes, Health & Harmony Pilates, Hinahea Spa, HMR Massage, Honu You, Hungry Ear, Island Paddler, Kailua Boot Camp, Kailua Chiropractic, Koi Tattoo, Lanikai Juice, Maui Taco, Mirabella Salon, Oiwi Ocean Gear, Picket Fences, The Bike Shop, Island Paddler, Sushi Kai, TwoGood Kayak, Windward Jewelers

Lanikai Park Pavilion Renovation

by Tom Cestare

Lanikai Association President

The Lanikai Community Association has decided to move forward with the renovation of the Lanikai Park Pavilion. Known as the "George Perry Building", the pavilion was built over 50 years ago and has served the Lanikai Community well. However, the passing years and continuous use have taken their toll. It's now time to reinvest in our community's future by rejuvenating our venerable Park Pavilion. The Board of Directors considered everything from a new paint job to a whole new facility and has determined that refurbishing the existing building is the way to go. In general, the flat roofs will be replaced with gabled roofs, the interior rooms will be refinished with new flooring, ceilings, lighting, fixtures, fans, etc.

The kitchen will be remodeled and solid exterior walls built to improve security and sound proofing. The total construction cost expected to be between \$125,000 and \$200,000.

In 2006 the Association applied for a state grant for the purpose of refurbishing the Park Pavilion and other park improvements. The grant was approved and the money has been released through the bi-partisan efforts of Rep. Tommy Waters and Sen. Fred Hemmings. Big Mahalos to Rep. Waters and Sen. Hemmings! DLNR will be the funding agency. The amount of the grant is \$75,000 with the remainder of the renovation budget being raised through community donations.

2008 Lanikai Canoe Club Calendar

Registration	3/8/08, Sat., 8am-12n; 3/9/08, Sun., 1pm-5pm 3/29/08, Sat. 1pm-12n, 3/30/08, Sun., 8am-12n
General Mtg - Lanikai Park	3/31/08, Monday @ 5pm
First Day of Practice	4/1/08, Tuesday (Nov. Bs and youth paddlers)
Ken Smith Positive Coaching Clinics - Parents and Coaches - Paddlers - topic "the mental edge"	4/20/08, Sunday 2:30p - 4pm 1pm - 2:30pm
Tactical Strength & Conditioning - Coaches - Paddlers	4/20/08, Sunday 1p - 2:30pm 2:30p - 4pm
Jim Foti Steering Clinic	5/11/08, Sun., @ 9:30am
Blessing at Lanikai Park	5/31/08, Sat., @ 9:30am
End of the Year Party	date/time TBD

Oahu Hawaiian Canoe Racing Association 2008 Race Schedule

DATE	RACE	SPONSOR	LOCATION
Pre-season			
TBA	Kala Kukea Iron Race	Hui Nalu CC	Maunalua Bay
TBA	Hui Nalu Marina Challenge	Hui Nalu CC	Hawaii Kai Marina
3/22/08	Puuloa OCC Iron Race	Puuloa	Keehi Lagoon
4/19/08	Kahiau Ironman Race	Keahiakahoe CC	Keehi Lagoon
5/10/08	Kala' Iomalulani Race	Keahiakahoe CC	Kailua Beach to Kahaluu Beach
5/19/08	George Perry Keiki Race	Lanikai CC	Kailua Beach Park
Regatta			
6/1/08	Clement D. Paaina Regatta	Healani CC	Keehi Lagoon
6/8/08	King Kamehameha Regatta	Kailua CC	Kailua Beach Park
6/15/08	Leeward Kai Father's Day	Leeward Kai CC	Nanakuli Beach Park
6/22/08	Waimanalo Canoe Club	Waimanalo CC	Waimanalo Beach
7/4/08	Walter J. MacFarlane Regatta	Outrigger CC	Waikiki/Kuhio Beach
7/13/08	John D. Kaupiko Regatta	Hui Nalu CC	Keehi Lagoon
7/20/08	OHCRA Championships	OHCRA	Keehi Lagoon
8/2/08	State Championships	HCRA	Keehi Lagoon
Long Distance			
8/10/08	Kaena Challenge (Women/Men)	Makaha CC	Sunset Beach Pk to Makaha Beach
8/17/08	Duke Kahanamoku Race	Lanikai CC	Kailua Beach to Hilton Pier
8/24/08	Dad Center Race	Outrigger CC	Kailua Beach to Waikiki
9/7/08	E Lau Hoe (Women)	OHCRA	Maunalua Bay to Nanakuli Beach
9/14/08	Henry Ayau Memorial Race (Men)	Hui Lanakila CC	Maunalua Bay to Nanakuli Beach
10/12/08	Molokai Hoe	OHCRA	Molokai to Oahu
Other Non-Sanctioned Races			
9/28/08	Na Wahine O Ke Kai	Na Wahine O Ke Kai	Molokai to Oahu